



ANZMUSC
AUSTRALIA & NEW ZEALAND MUSCULOSKELETAL
CLINICAL TRIALS NETWORK
NHMRC CENTRE OF RESEARCH EXCELLENCE

Virtual Scientific Meeting

18th and 19th October 2021

**Optimising musculoskeletal health through high quality,
collaborative clinical research**

Important Notes

ZOOM ETIQUETTE

To help make this meeting run smoothly, please observe the following guidelines:

- Put your microphone on mute unless you are talking to the group
- Use the 'raise hand' feature if you want to talk - the host will invite you to speak at the appropriate juncture
- Use the chat feature to ask questions (unless you prefer to ask it verbally, in which case see point above)
- Be mindful of background noise when off mute/speaking

ACCESS DETAILS

All sessions are accessible using the Zoom details below. You are welcome to attend for a particular session if you are unable to join us for the full 2-day programme.

NOTE: The morning sessions will commence promptly at 9am, so please join early.

Link: <https://monash.zoom.us/j/82470854660?pwd=eVRGci9Bd1U5VzFXU3JGTWMyb3grUT09>

OR

Meeting ID: 824 7085 4660

Passcode: 789730

DAY 1: Monday 18th October, 9:00am to 2:30pm (AEDT)

9:00 to 9:45am	Session 1	
	Welcome and Intro to our new SIG	
	Chair: Prof. Rachele Buchbinder	
9:00am	Welcome	Prof. Rachele Buchbinder
9:05am	Basic Science Special Interest Group (BSc SIG) Introduction and discussion	Prof. Paul Hodges Professor & NHMRC Leadership Fellow, University of Queensland
9:45 to 12:00pm	Session 2	
	OA SIG: Weight management for OA and other chronic musculoskeletal conditions	
	Chair: Prof. Kim Bennell	
9:45am	Biological regulation of weight	Prof. Joe Proietto Endocrinologist, University of Melbourne
10:00am	Which dietary intervention should we use for weight loss?	Dr. Caryn Zinn NZ Registered Dietitian & Senior Lecturer, Auckland University of Technology
10:15am	What is the evidence for the effectiveness of weight loss interventions for OA and/or musculoskeletal conditions more broadly?	Prof. Stephen P. Messier Professor and Director of the J.B Snow Biomechanics Laboratory, Wake Forest University Winston Salem, North Carolina USA
10:30am	Behaviour change for weight management	Prof. Shannon L. Mihalko Health and Exercise Science, Social Sciences and Health Policy, Wake Forest University, North Carolina USA
10:45am	Weight stigma	Ms. Kathryn Craft Clinical Psychologist, Nepean Family Metabolic Health Service
11:00am	COFFEE BREAK (10 mins)	
11:10am	Panel discussion	Prof. Joe Proietto Dr. Caryn Zinn Prof. Stephen P. Messier Prof. Shannon L. Mihalko Ms. Kathryn Craft
12:00pm	LUNCH BREAK (30 mins)	
12:30 to 2:30pm	Session 3	
	ANZBACK SIG: Postdoctoral presentations	
	Chair: Prof. Mark Hancock	
12:30pm	Directives targeting low back pain care in Australia - developing a repository to understand the policy landscape	Dr. Nathalia da Costa Menzies Centre for Health Policy, Sydney School of Public Health, The University of Sydney
12:50pm	Testing the effectiveness of a theory-informed intervention to reduce imaging for low back pain	Dr. Hazel Jenkins Department of Chiropractic, Macquarie University

1:15pm	The consistency and agreement of treatment recommendations in high-quality clinical practice guidelines for low back pain: a meta-review	Mr. Bayden McKenzie Monash-Cabrini Department of Musculoskeletal Health and Clinical Epidemiology
1:30pm	Insights from the ANZBACK clinical expert group	Dr. Hazel Jenkins & Dr. Michael Di Donato
2:30pm	Day 1 close	

DAY 2: Tuesday 19th October, 9:00am to 3:05pm (AEDT)

9:00 to 10:00am	Session 1 Trial Updates and Proposals Chair: Prof. Manuela Ferreira	
9:00am	Effectiveness of an electronic patient-centred self-management tool for gout sufferers: the Gout App (GAPP) Trial	Prof. Richard Day & Dr. Eindra Aung University of New South Wales
9:15am	Yoga-based exercise to prevent falls in community-dwelling people aged 60 years and over: Successful AGEing (SAGE) yoga randomised controlled trial	Dr. Juliana Oliveira The University of Sydney
9:30am	A Randomised Study of Knee alignment strategies for TKR (RISKAS)	Assoc. Prof. Diana Perriman Trauma and Orthopaedic Research, Australian National University
9:45am	MOA-PIP to MOBILIZE Aotearoa	Prof. Haxby Abbott Centre for Musculoskeletal Outcomes Research, University of Otago
10:00am	COFFEE BREAK (15 mins)	
10:15 to 12:00pm	Session 2 Communicating research to your target audience (Hosted by the ECF Committee) Chairs: Dr Giovanni Ferreira & Dr. Stephanie Filbay	
10:15am	Introduction to the ANZMUSC Early Career Fellow (ECF) Committee	Dr. Giovanni Ferreira & Dr Stephanie Filbay
10:20am	Spreading your news: Tips to help you share your research	Dr. Nikki-Anne Wilson Post-doctoral Research Fellow in Cognitive Health and Knowledge Translation, NeuRA
10:45am	Tips on pitching research to policy makers	Adj. Assoc. Prof. Rebecca Haddock Director - Deeble Institute for Health Policy Research
11:10am	Research dissemination on social media to increase your engagement and impact for grant and fellowship applications	Dr. Danilo de Oliveira Silva Post-doctoral Research Fellow, La Trobe Sport and Exercise Medicine Research Centre (LASEM), La Trobe University

11:35am	Translating research jargon to create empowered health consumers	Ms. Ornella Clavisi General Manager, Consumer Services at Musculoskeletal Australia
12:00pm	LUNCH BREAK (30 mins)	
12:30 to 2:30pm	Session 3 New trial proposals Chair: Prof. Chris Maher	
12:30pm	Patient-reported outcomes following platelet-rich plasma (PRP) compared to corticosteroid injection (CSI) for treatment of adhesive capsulitis: A randomised controlled trial	Dr. Jordan Davis & Dr. Catherine Bacon The University of Auckland
12:45pm	ORACLE: Opioid reduction after arthroplasty	Dr. Christine Lin Sydney School of Public Health, University of Sydney
1:00pm	The PROSPECT trial: PRedicting disease-modifying anti-rheumatic drug dose reduction response in rheumatoid and Psoriatic arthritis with ECONOMIC evaluation	Prof. Lyn March University of Sydney & Royal North Shore Hospital
1:15pm	ADAPT-ED: An adaptive, multi-arm multi-stage trial of analgesics for low back pain in the emergency department	Dr. Gustavo Machado Institute for Musculoskeletal Health, University of Sydney
1:30pm	ZEUs: A multi-site, double blind, randomised controlled trial of zopiclone for acute low back pain	Prof. James McAuley NeuRA Centre for Pain IMPACT & University of New South Wales
1:45pm	Antidepressants for sciatica: proposal for a randomised placebo-controlled trial	Dr. Giovanni Ferreira The Institute for Musculoskeletal Health, University of Sydney
2:00pm	Stratified care integrated with telehealth	Dr. Joshua Zadro The Institute for Musculoskeletal Health, University of Sydney
2:15pm	Efficacy of radiofrequency denervation for chronic lumbar facetogenic pain: a randomised sham-controlled trial	Prof. Manuela Ferreira Institute of Bone and Joint Research, University of Sydney
2:30pm	IMPROV-ED: A de-implementation trial to reduce low-value care for low back pain in emergency departments	Dr. Gustavo Machado Institute for Musculoskeletal Health, University of Sydney
2:45pm	Reverse or Anatomical (replacement) for Painful Shoulder Osteoarthritis: Differences between Interventions (RAPSODI)	Prof. Ian Harris University of New South Wales
3:00pm	Day 2 close	Prof. Rachelle Buchbinder